

PRE-OPERATIVE INSTRUCTIONS

Failure to follow the instructions below may result in a cancelled surgery!

- Do not wear jewelry, finger nail polish, acrylic nails, heavy makeup, contact lenses, or body piercings of any kind!
- Do not bring valuables of any kind. We are able to secure belongings in a locker for you, but we are not responsible for lost or damaged items.
- Wear loose, comfortable clothing that can accommodate a dressing or splint, if necessary.
- If applicable, you will be given an antimicrobial soap to use in the shower on your surgical site the night before the procedure.
- Do not use scented or fragrant body lotion, perfumes, after shave, etc.
- Do not shave at or near the surgical site.
- No PT on the day of surgery!
- Do not bring your children with you on the day of your surgery. We do not have daycare staff, so please make prior arrangements for your children.
- Contact us at (907) 361-5255 with any questions or concerns, or if you have any changes in medical condition (cough, cold, fever, sore throat, nausea or vomiting).
- You must be accompanied by a responsible adult (18 years +) who will transport you home and remain with you for the first 12 hours following your procedure. If you do not have an escort the day of surgery, your procedure may be cancelled.
- You will not be able to drive, operate heavy machinery/power tools, or sign legal documents for 24 hours after receiving anesthesia, so do not make plans to do so.